

7.2.1: Two Institutional Best Practices

1. Morning Prayer (**Chinthana**)
2. SK Memorial State Level Kannada Debate Competition (**Manthana**)

I. Title of the Practice:

1. Morning Prayer (Chinthana)

2. Objectives of the Practice:

- To inspire the students acquire a proper frame of mind to begin the day to focus on the task of learning.
- To bring them nearer to the sanctity of teacher-student relationship.
- To promote a sense of brotherhood among them and to awaken them to the bonds we have with nature, the elements and the environment.
- To remind the students of their priorities in life, to the value of studentship in one's life.

3. The Context of the Practice:

The prayer venue is the place where everyone connected with the college; students, faculty, office and help staff assemble. It is a most fruitful way of promoting harmony, friendship and mutual understanding.

4. Practice:

- Students are free to select topics of their own choice to address the gathering.
- They are allowed 3-5 minutes.
- The prayer meetings have become opportunities to create awareness of the affairs of the world,
- Highlight the developments and their consequence
- A great opening to enthuse the students to follow the path of honesty and truthfulness in life.

The prayer meetings have become a great source of motivation among students to lead a righteous life. The speakers have been found to select passages from

- The sacred texts,
- Science and technology,
- Lives of great men like Mahatma Gandhi and A.P.J Kalam are the favorites.

5. Evidence of success:

Students relish participating in prayer meetings which has brought about a sea change in their behavior in classrooms, attention to lessons, and a great leap in politeness.

Some of the best presentations in Prayer Meetings in 2018 – 19

Sl. No.	Date	Speaker	Section	Topic
1.	19/7/2018	Vinutha N	III BSc	Distinctiveness India's theories on Dharma
2.	07/08/2018	Lakshmi	II BBA	Importance of Moral education
3.	27/08/2018	Vijayalakshmi HM	III BCom	Self confidence
4.	05/09/2018	Keerthana BS	II BA	Brief note on Sarvapalli Radhakrishnan on Teachers Day
5.	27/09/2018	Ranjitha	II BA	Teachers' Role in Nation Building
6.	12/02/2019	Sindhu	I BBA	Social change and its Impact
7.	26/02/2019	Swathi HG	III BCom	Violence against non – violent people
8.	01/03/2019	Annapurna	I BSc	Faith and we
9.	08/03/2019	Varshitha AV	I BCom	Women's day, Its Importance
10.	20/03/2019	Appikumar AB	II BCom	Importance of Selfless Service

6. Problems encountered and resources required:

Students' public speaking skills have increased manifold. There has been a race among them to receive a chance to address the gathering prepared passages are brought in great numbers to teachers for verification. Girls have been found to excel boys in participation. The National Anthem is rendered every day with great fervor and devotion. The quadrangle where the prayer meeting held is a most welcome part of the college, with a beautiful covered platform, and green shady trees line the periphery of the quadrangle. A register of names of students and dates and topics is maintained along with a waiting list.

- The prayer committee has the task of screening of students and scrutinizing their topics, encouraging them to perfectly deliver their speech.
- The convenor of the prayer committee helps them speak effectively. They are helped to overcome their lack of confidence in addressing gatherings of over a thousand students.
- The committee maintains a sound system in perfect condition. The National Anthem played at the end is orchestrated and students are most eager to sing. The melody and sweetness of the National Anthem attracts passersby who often stop to listen to it.

Resources required:

It is a matter of great satisfaction and encouragement that a great number of students are very willing to speak and number of teachers very much willing to be part of the programme. The management of the collage always has been a source of great encouragement to this practice.

The management has ensured a finely manicured lawn-Spick and span, and also a beautiful stage and public address system.

II. Second Best Practice**1. Title of Practice: S.K. Memorial State Level Kannada Debate Competition (Manthana):**

Sri Kariyappa founder of Rural Education Society a name synonymous with rural education whose name is emblazoned for his total dedication to bring literacy to the door steps of the poor villagers, is commemorated in a state level kannada inter collegiate competition which is being held uninterruptedly for over 3 decades.

2. Objectives of the practice:

- To help develop public speaking skills,
- Conquer stage fear, and at the same time
- To propagate Kannada culture and language, to learn argumentative skills and logic.

3. Context of the practice:

The debate helps students realize the importance of body language, and non verbal communication.

4. The Practice:

The annual competition has acquired immense popularity in the districts and on an average 40 to 50 college look forward eagerly for participation.

High value prizes are offered to winners, impressive shields and rolling prizes are reserved for victorious colleges. The debate is greatly helpful to students in acquiring leadership qualities, and as many of the participants have hailed it, they have benefited from this debate greatly.

The debate has the object of placing Kannada language on the centre stage, and to empower the cause of perpetuating the language its antiquity heritage and rich history.

5. Evidence of success:

The debate attracts 100-120 participants from competing colleges, accompanied by their mentors and parents who take immense pride in leading their wards through the competition.


Eminent teachers, professors, authors of repute community leaders and jurists are invited to inaugurate and deliver lectures; an eminent judge once declared that the founder of RES, Poojya S.Kariyappa stands tall among the reformers of South India.

Sl. No.	Date	Topic	No. of participants	Winners
1.	20/06/1996	India's progress and integrity are possible only by the prohibition of all religious institutions	72	G.T. Chandrappa, H.T. Aravinda
2.	18/01/1997	The Development of India is possible when we realize Gandhiji's concept of Grama Swaraj	68	Ramananje Gowda, G.T. Chandrappa
3.	14/01/2000	Women's reservation is detrimental to India's progress	72	Sivalingaiah
4.	23/01/2002	Objective of terrorism is more self centred than religious propagation	40	Devaraju Ajay Kumar
5.	12/03/2007	Economic imbalance is the main cause of terrorist activities	50	H R Smitha Pavitra
6.	22/09/2010	The present crisis of India is of people and not of their representatives	80	Asha J S H.N. Sundaramma
7.	29/09/2012	The farmers' problems are due to negligence of Governments	80	Jain college National college
8.	29/09/2015	Today's problems in not caused by the system but by lack of awareness	62	KLE College Rural College
9.	14/03/2018	National Development is possible only by the pro peoples' schemes and not by appeasement schemes of the Governments	48	NMKRV College
10.	12/03/2019	Coalition Government is detrimental to National Development	38	Bharathi College, Mandya

6. Problems encountered and resources required:

The annual festival of debates is arranged with great care and application, each and every aspect, however expensive is given the greatest attention. The hospitality is renowned and the participants are the recipients of high respect and cordiality. The debates allure is maintained undimmed. A fit tribute to the great and immeasurable sacrifices the founder dared to exhibit to achieve what he willed as a young student at the famous Maharaja's College of Mysore.


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